

Pre-Procedure

Due to the COVID-19 pandemic, we have implemented new protocols to ensure the safety of you and our community.

If you are experiencing any symptoms of COVID-19, we kindly ask that you refrain from booking an appointment for the safety of others. We highly recommend getting a COVID-19 test with negative results before your scheduled appointment.

It is important to acknowledge the contagious nature of the Coronavirus/COVID-19. The CDC and other public health authorities still advise practicing social distancing. To reduce the spread of the virus, MY MAI BROWS, LLC has implemented preventive measures.

Please note that MY MAI BROWS, LLC cannot guarantee that you will not contract the Coronavirus/COVID-19. By seeking our services, you acknowledge that there is an increased risk of exposure to the virus. You must adhere to all the established procedures aimed at reducing the spread of the virus during your appointment.

Before your appointment, you must confirm the following:

- You are not experiencing any symptoms of illness, such as cough, shortness of breath, fever, chills, muscle pain, headache, sore throat, or loss of taste or smell.
- You have not traveled internationally within the last 14 days.
- You have not visited a highly impacted area within the United States in the last 14 days.
- You do not believe that you have been in contact with someone suspected or confirmed to have the Coronavirus/COVID-19.
- You have not been diagnosed with Coronavirus/COVID-19 and have not yet been cleared as non-contagious by state or local public health authorities.
- You are following the CDC's recommended guidelines as much as possible and minimizing your exposure to the Coronavirus/COVID-19.

Here are some steps to take before receiving your permanent cosmetic enhancement: Before your appointment, take some time to envision the look you desire. As experts in color analysis and makeovers, we will help guide you in choosing the right colors and styles, but your input is essential in the decision-making process.

Keep in mind that permanent cosmetic enhancements usually require multiple sessions. For the best results, you will need to return for at least one touch-up session four to eight weeks after the initial application. Please note that individual results may vary. Immediately after the procedure, the color intensity may appear sharper and darker. This is normal and will gradually soften as the skin heals, which can take up to fourteen days. To ensure your suitability for this service, please complete the questionnaire available at: [Cosmetic Tattoo](#). If you have any medical conditions, we recommend consulting with your physician before proceeding.

General Pre-Advice

- Please wear your normal eyebrow make-up to your initial appointment. Bring pictures of your eyebrow inspirations if need be.
- Do NOT take anything that will thin your blood such as Coffee (caffeine), Aspirin, smoking nicotine, Niacin, Vitamin E or Ibuprofen, Fish oil supplements 24-48 hours before procedure. Tylenol is acceptable.
- No other person and/or animal is allowed to be in the treatment room during service. We are NOT responsible for children in the wait area as there is no supervision. Please do not bring your child/children if they have no other supervision.
- Wash your hair in the morning as you will need to avoid getting your eyebrows wet for 24 hours after the procedure.
- If you have an Iron deficiency/anemia or is borderline anemic you may NOT be eligible for this procedure. Please consult with your doctor before booking.
- Do not discontinue any medication before consulting your doctor.
- Keep alcohol intake to a minimum 2 days prior to and after your enhancement.
- Do not use Retin A skincare products close to the enhancement area 1 month prior to and after your procedure.
- Do not get botox treatment 4 weeks prior to procedure.
- Waxing treatments should be performed no less than 3 days prior to your enhancement.
- IPL laser hair removal should be performed no less than 2 weeks prior to your enhancement.
- Electrolysis treatments should be performed no less than 5 days prior to your enhancement.
- Eyebrow tinting should not be undertaken for 2 weeks prior to and after your enhancement.
- You may experience hypersensitivity and more pain around or during your menstrual cycle.
- Tattooing will not be done over blemishes, sores, and moles around the brow area.
- Microblading will not be performed if you are currently Pregnant. NO exceptions.

Frequently Asked Questions

Q: How long will they last?

A: Depends on the individual's skin, activities etc. Clients generally get a refresher 1-2 years.

Q: Does it hurt? Will you numb me?

A: We get mix reviews on pain. Plus, everyone's pain tolerance is different. But I will numb you with a topical anesthetic before we start the microblading and during.

Q: How long does it take to heal? Will I be able to go to work?

A: Healing period is at least 1 week to 14 days. If you're good at following aftercare instructions, there shouldn't be an issue going to work or being out in public.

Q: How long is the appointment?

A: About 2 hours with most of the time spent drawing in shapes.

Q: Will you draw in the shapes first?

A: Yes, I won't start on you until you agree with the color selected and shape. Once you agree to the shape, we proceed with depositing pigments into your skin.

Q: Can I work out?

A: No, not right after. I recommend waiting at least 5 days then working out. Excessive sweating/perspiration may affect pigments on brows.

Q: Can I wear makeup after?

A: Not on the brows for at least one week. We recommend that you avoid foundation and concealer around brows. Use wash cloth or make up wipes to wash face to avoid getting brows wet.

Q: Is the complimentary appointment necessary?

A: I highly recommend it.

Any further questions, please contact me at my@mymaibrows.com.