

## **MICROBLADED BROWS AFTERCARE**

*Trust the process--* Use this guide so you know that what you are experiencing is normal and everyone goes through something similar...

### **Day 1:**

I LOVE MY NEWS BROWS! Your brows are fresh, perfect, and brand new. What's not to love? I may look thick but remember it does soften and shrink.

### **Day 2-4**

These are way too dark and thick! Your brows will get darker over this period, but don't freak out! They will lighten again.

### **Day 5-8:**

During these days your brows may be flaking and scabbing off. Make sure to NOT pick or remove the scabs or you may inadvertently remove some of your pigment!

### **Day 9-10:**

My brows have completely fallen off! Your brows will appear like they are completely gone during this time or lighten a bit, but don't worry - our skin does mysterious things, and this is one of them-- sometimes the strokes seem like they're gone but they may darken up again.

### **Days 11-28:**

My brows are coming back but they are patchy! Your brows will appear to be patch and incomplete during this part of the healing process. Most of these patches will fill in overtime but if for some reason some area doesn't take the touch up will help fill the gap so to speak.

### **Day 42**

(After touch up): "These are better than I could have ever imagined!!!" Trust the process.

## **DAILY CARE DURING YOUR HEALING CYCLE**

- Residual pigment, blood, white blood cells, etc, can arise from the open wound. During the first 24 hours, client should avoid washing the skin but may gently dab area with a damp paper towel to remove/prevent build up and dust particles, you should do this away 3-4 times in the first day.
- Wash your hands thoroughly before touching the tattooed area.
- Do not get the tattoo wet for 10 days
- After 10 days you can shower "normally" but with no direct water pressure to your brows
- Do not soak your brows until after all peeling of the scabs come off naturally
- Do not wash your hair for the first 24 hours.
- DRY HEAL for at least 3-5 days after the procedure (or otherwise instructed by your artist).
- After the DRY HEAL -- Lightly moisturize your brows twice a day with the healing cream provided. A little bit goes along way! Discontinue healing cream when you're all done healing/peeling.
- Sleep on your back
- DO NOT pick or scratch at the dry skin/flakiness; let the skin fall off naturally. Picking can cause premature loss of pigment and scarring.
- DO NOT apply make-up to the tattooed area during the healing cycle. Chemicals of any kind may interfere with the healing and color of your tattoo.
- Do not work out/sweat for a minimum of 7 days after the procedure.
- Please wash your face carefully around the eyebrow without getting water on the treated area. Using a Q-tip to clean closely around the brows is suggested. During the shower, keep your face away from the showerhead or take a bath (or use the complimentary visors that are provided).

## **LONG TERM CARE**

THERE IS NO GUARANTEE OF RESULTS! All results will vary due to skin type, and lifestyle.

- Use facial sunscreen on the treated area. Exposure to the sun over time can cause fading and discoloration of the pigment.
- Laser to brow areas may cause change of color of the pigment.
- As tattoo fades the strokes will become faint and less defined.
- Chemical exfoliants will cause brows to fade faster.
- Avoid products with Glycolic Acid as this is a pigment removal

### **The following must be avoided during the post-microblading procedure** (approximately 14 days)

- Increased sweating (do not work out for 7 days)
- Extensive sun exposure
- Practicing sports
- Swimming
- Hot sauna, hot bath, or Jacuzzi
- Sun tanning or salon tanning
- UV/UVA Rays or chemicals as they have been known to cause a shift in color and premature fading
- Any laser or chemical treatments or peelings, and/or any creams containing Retin-A or Glycolic acid on the face or neck
- Picking, peeling, or scratching of the micro pigmented area in order to avoid scarring of the area or removal of the pigment
- Performing tasks related to heavy household cleaning such as garage or basement cleaning where there is a lot of airborne debris
- Drinking alcohol in excess
- Driving in open air vehicles such as convertibles, boats, bicycles, or motorcycles
- Touching of the eyebrow area except for when rinsing and applying the post-care cream with a cotton swab

If you have any unexpected problems with the healing of the skin, please contact My Mai Brows immediately, to discuss further instructions.

Contact a physician if any signs or symptoms develop such as the following: fever, redness at the site, swelling, tenderness of the procedure site, elevated body temperature, and/or any green/yellow discharge that is foul in odor.

Failure to follow post-procedure instructions may cause loss of pigment, discoloration, or infection.